

ST. BARNABAS PARISH

WEEKLY BULLETIN | 30TH SUNDAY IN ORDINARY TIME

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THE VIRTUE OF FORTITUDE

We must develop the virtue of fortitude in our lives. Such words can describe fortitude as persistence, staying power, determination, hanging in there over the long haul, and a firmness of mind or spirit in life's daily challenges. Fortitude allows us to push ourselves to do a necessary undertaking that is difficult or distasteful, especially when it is inconvenient. Fortitude is the acquired habit of showing strength or courage. We need fortitude to overcome fear of bodily pain, temporal loss, ridicule, what people will think or say, and the displeasure of friends. It is not easy to go against what is popular. In some situations, in reaction to fear, we can yield to what we know to be sinful. Fortitude helps us to resist fear, foolhardiness, indifference, and the single focus on selfish interests solely for pleasure or other's admiration. When we develop fortitude through education, good acts frequently done, and perseverance in struggle, we are strengthened in our resolve to resist temptations and to overcome obstacles that prevent us from living a joy-filled Christian life. The supernatural virtue of fortitude, acquired through cooperating with the grace of the Holy Spirit, enables someone to face extreme danger and endure life threatening difficulty in defense of a just cause to achieve the ultimate goal of salvation or help others achieve the same. This courage is founded upon hope in Christ's promise of eternal life with Him. As we all know, it takes real courage to stand up for what is right. Hope in the face of difficulty is what makes a person act with courage. The most courageous actions are based upon hope in Jesus Christ and eternal life. May our task be to ask for and cooperate with God's grace in developing the virtue of fortitude, and allowing Him to perfect it in us. Fortitude will ensure constancy in living more fully as committed disciples of Jesus Christ. - *Diocese of La Crosse*

Parish Schedule

MASS SCHEDULE

Weekday Adoration: 8:00 AM - 8:30 AM

Weekday Mass:

Monday: 9:00 AM (Ad Orientem)

Tuesday: 9:00 AM

Wednesday: 9:00 AM & 7:00 PM (Ad Orientem)

Thursday: 9:00 AM

Friday: 9:00 AM (Ad Orientem)

Saturday: 9:00 AM

Weekend Mass:

Saturday: 4:30 PM

Sunday: 9:00 AM, 10:30 AM, 12:15 PM, and 7:00 PM

CONFESSION SCHEDULE

Monday to Saturday at 8:30 AM - 8:55 AM

Wednesday at 6:00 PM - 7:00 PM

Saturdays at 3:30 PM - 4:30 PM

OFFICE HOURS

Monday - Friday: 9:30 AM - 5:00 PM

Saturday: 9:30 AM - 6:00 PM

Pastoral Team

Fr. Hansoo Park, Pastor

hpark@archtoronto.org | 416-298-0989 Ext 201

Fr. Samoj Sunny, Associate Pastor

ssunny@archtoronto.org | 416-298-0989 Ext 202

Fr. Fraser McLaren, Associate Pastor

fmcclaren@archtoronto.org | 416-298-0989 Ext 203

Deacon Paul Djaja, Permanent Deacon

pdjaja@archtoronto.org | 416-298-0989

Deacon Eustace Beausoleil, Permanent Deacon

ebeausoleil@archtoronto.org | 416-298-0989

Sam Cummings, Lay Pastoral Associate

stbarnabaslpa@archtoronto.org | 416-298-0989 Ext 208

Kate Garbino, Media Coordinator

stbarnabasmedia@archtoronto.org | 416-298-0989 Ext 207

Kim Torio, Youth Minister

stbarnabassyouth@archtoronto.org | 416-298-0989 Ext 205

Lisa Salvador, Parish Secretary

StBarnabasSC@archtoronto.org | 416-298-0989 Ext 204

Aaron Fernandes, Coordinator of Formation & Evangelization

aaron.fernandes@archtoronto.org | 416-298-0989 Ext 204

MASS INTENTIONS

SUNDAY, OCTOBER 29, 2023

4:30 PM (Sat. Vigil): Indra SIRJU †
 9:00 AM: Thanksgiving of Nnamdi ISIEKWENA & Oluchi GILBERT
 10:30 AM: Ildefonso & Leonora FELIPE ††
 12:15 PM: Thanksgiving of Romanie & Kumar Thusyanth
 7:00 PM: Thanksgiving for Fr. Fraser

MONDAY, OCTOBER 30, 2023

9:00 AM: Jacob CHEN †

TUESDAY, OCTOBER 31, 2023

9:00 AM: Amado FERNANDO & Patrocenia BALANCIO ††

WEDNESDAY, NOVEMBER 1, 2023

NO MASS INTENTIONS

THURSDAY, NOVEMBER 2, 2023

NO MASS INTENTIONS

FRIDAY, NOVEMBER 3, 2023

9:00AM: Thanksgiving of Bernice KHAN & Family
 7:00 PM: Thanksgiving of CAPALAD Family

SATURDAY, NOVEMBER 4, 2023

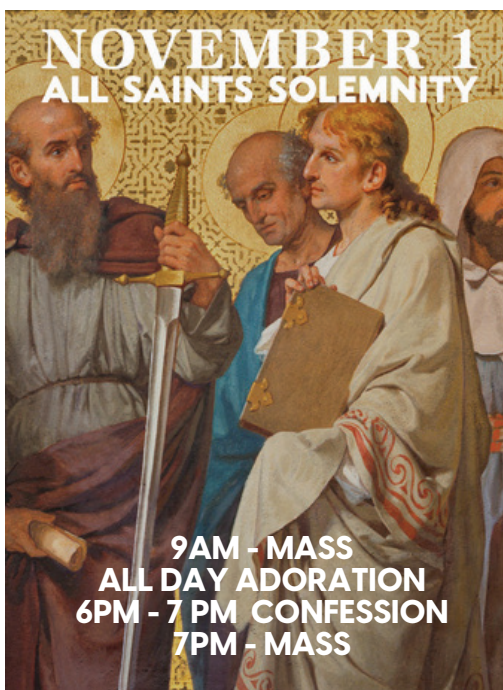
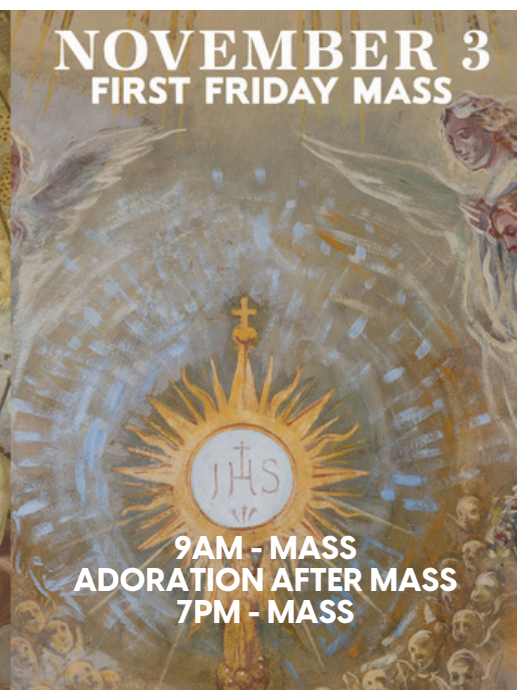
9:00 AM: Community Memorial Mass

NAMES OF THE SICK

Rosemary ABDOOL Lydia ABRAZALDO Amelia ANTONIO Luisa ARIOLA Jen ATKINSON Horacio AVANZADO Vida BAILEY Al BANZON Katelyn Hope BAUTISTA Monica BAUTISTA Lita BEDFORD-JAMES Julita BRAVO Milagros BRINAS Cleone BYGRAVE Theresa CALDERON Crescensia CASTANEDA Terry CHAN Matilda CHARLES Anushka CHELLIAH Bodhi CHELLIAH Trevor CHUNG Sera COLACO Martin CORSANO Jerwin Cruz CORTEZ Jack CRAWFORD Dawn CRITCHLOW Carmalita CRUZ Divina DE LEON Maureen DALEY Emmanuel DE LEON George D'SILVA Epifanio DACANAY Freddie DACANAY Elizabeth Fe DACANAY Charlie DEISCHTER Salvador DE LEOZ Julietta DE LEOZ Nikita DeSILVA Jannette DEMPSEY Ampy DECHOSO Christina DELINOR Arya Cali DIAZ Felicitas DISMAYA Jacquelin DUMEICHEN Terésita ESMAO Milagrina ESMAS Veronica ESPANO	Carrol FERNANDES Sabino FERNANDES Emmanuel FERNANDO Columba FREDERICK James FRASER Teresita FONTANILLA Abigail FORBES Rolando GARBINO Barry GILL Nathan GIRDHARRY Gem GOUVEIA George GRAY Sean KUA Bernard OSEI-KWABENA Robert HENRIQUE Vernon HOFFMAN Renate HOFFMAN Tina HOLLOWAY Summer HOLLOWAY Robbie HOJILLA Leonardo IGNACIO Joan IRONSIDE Sheldon IYENGAR Henry JACOT Lorraine JOHNSON Danilo Batara JOSE George JOSEPH Ruth LABAO Josefina LAGMAN Martinah LLANES Consuelo LOPEZ Maria Lourdes LUZ Audrey Mendonca LUCAS Bienvenido MABBAYAD Noli MABABANGLOOB Allison MAGPAYO Willex MAGPAYO Miguel MAGTIBAY Brian MARTELL Alisha MATHLIN John McGARRY Betty McNEIL Darrell McNEIL Glenda McNEIL Constance MENEZES Lipika MITRA Linda MOORE Andrea NAZAL Winston NEWMAN	Collette O'DONNELL Denise ORTIZ Marie ORTIZ Kyle PAGUIA Mary Ann Ibana PALOMARES Mary Thimen PAN Cecília Hwa PAN Victo Juann PAN Divya PATEL Josue PEREZ Miranda PINTO Merlyn RAYMOND Claudette RAMOS Michael REID Noberto REYES Ermie RICAFORT Maricar ROBERTO Eleanor RODRIGO Faye SALAMILLAS Kathy SAMUELS Zosimo SANCHEZ Lourdes SANTIAGO Domingo SANTOS Karen SANTOS Meritarita SEARS Caril Chen SEE Cynthia SIRIRAM Winston SPARROCK Alan SPENCER Lynn SPENCER Nathaniel SPENCER Cecile SILVERIO Vicky SUAREZ Bob STEELE Norma STEELE Jovito TAMAYO Rowena TELAN Cecil TUAZON Adelia UYGUANGCO Romeo UMALI Christiana VELINOR Jalen VELINOR Estrella VILAR Levon WILLIAMS Jeanette WILTSHIRE Franklyn WYKE Conrado YABUT
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If you would like to include the name of your sick family member, kindly send us an email through stbamabassc@archtotonto.org or give the parish office a call.

NOVEMBER SCHEDULES

 <p>NOVEMBER 1 ALL SAINTS SOLEMNITY</p> <p>9AM - MASS ALL DAY ADORATION 6PM - 7 PM CONFESSION 7PM - MASS</p>	 <p>NOVEMBER 2 ALL SOULS DAY</p> <p>9AM - MASS ALL DAY ADORATION 7PM - MASS</p>	 <p>NOVEMBER 3 FIRST FRIDAY MASS</p> <p>9AM - MASS ADORATION AFTER MASS 7PM - MASS</p>
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A N N O U C E M E N T S



YOUTH MINISTRY IS HAPPENING!

We invite all youths to join us in our **Edge and Lifeteen Ministries**. **EDGE Nights** every **2nd & 4th Friday** and **LIFETEEN Nights** every **2nd and 4th Saturday**, 6PM - 9PM. Registration Link for EDGE is <https://tinyurl.com/EDGESTB2024> and LIFETEEN is <https://tinyurl.com/STBLIFE2022>

ZUMBA & LINE DANCE IS BACK IN SEASON!

We invite all parishioners to join us in our Zumba and Line Dance Sessions starting **November 5** from **2:00PM - 4:30PM (an hour per program)** for **11 sessions**. The **registration fee is \$15.00** per session. If you register for both on all sessions, you will get a **\$20.00 discount**. **Registration is this weekend until the beginning of the session.**



YOUNG ADULTS MINISTRY

Our next Young Adults is on **November 16**, Thursday. We are diving deeper into the series of **Theology of the Body**. We invite all young adults ages **19 - 35** to join us from **7PM - 9PM**. Register here: <https://bit.ly/3R08XYo> If you have any questions, you can contact **Fr. Fraser** at **416 - 298-0989 ext. 203**

SACRAMENT CONFIRMATION: PARENT'S ORIENTATION

Inviting all parents with childrens **grades 7-8** who are interested in the Sacrament of Confirmation. We will be having our **Parent's Orientation** this coming November and you have 2 options: **November 8, from 7:45 PM - 8:45 PM** and on **November 11 from 3PM - 4PM**, both will be held in the parish hall. No registration needed. Please take note that **you don't need to attend both**. If you have any other questions, you can contact **Kim Marania**, at **416-298-0989 ext. 205** or at stbarnabasscyoungth@archtoronto.org.



CHRISTMAS DINNER & DANCE

This year we are bringing back our **Christmas Dinner and Dance on December 2, 2023, Saturday from 6:00 PM - 1:00 AM**. This night is a celebration of our wonderful community here at St. Barnabas Parish. We also have a special guest joining us this night! Each ticket will be **\$50.00** per person, inclusive of the dinner. Tickets will be sold starting next week at the narthex. Please bring cash.

F R O M T H E A R C H D I O C E S E



OFFICE OF VOCATIONS: COME & SEE

Inviting all single men **18 years or older** to consider and discover their calling this **November 17-19**. Experience communal prayer, hear discernment stories, enjoy fellowship with seminarians and priests, and spend time with Archbishop Francis Leo. For more information, email the Office of Vocations at vocations@archtoronto.org or register at vocationstoronto.ca/comeandsee



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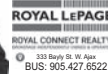


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